



# **Get back to civilian life with CalFresh**

Join Veterans in California in getting money  
for food to keep families healthy.

**Program & Benefits, Eligibility, Application Process, and More**

Funded by USDA's Supplemental Nutrition Assistance Program. This institution is an equal opportunity provider.



## What is CalFresh?

A statewide food program that helps Californians buy groceries



## Here is how the CalFresh benefits work:

### It's just like a debit card



At checkout, swipe your EBT card, choose EBT Food, enter your PIN, and ... done!



Funds are automatically reloaded each month.

### Use it where you already buy food



Accepted at grocery chains, convenience stores, dollar stores, many farmers markets, and more.

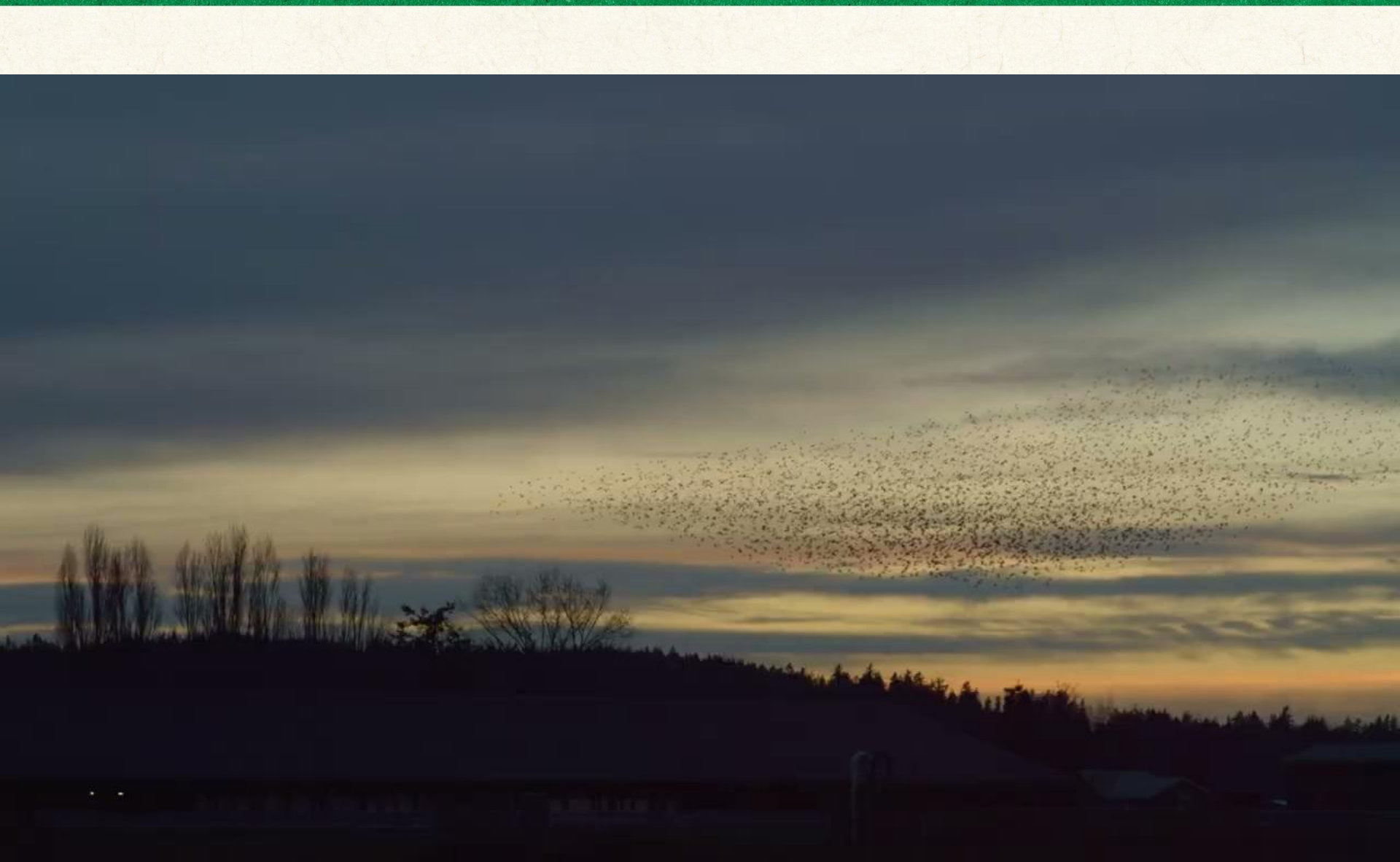


Use it online for grocery pickup or delivery at most of your favorite stores.



Enter your zip code in the EBT locator to see places near you that accept CalFresh.  
<http://ebt.ca.gov/locator>









## Boost your monthly grocery budget

Find out if you're eligible for CalFresh



You may be eligible for CalFresh if you meet these core requirements:

### Income

You fall within the income threshold for your household size:



**Household:** Your "household" is the number of people you buy and share food with.



**Example:** If you live with two roommates, but you buy food and cook for only yourself, your household size is one. If you split the cost of groceries and share meals together, your household size is three.

### Who can use CalFresh benefits?

- Service Members, Veterans, and their families, if they meet eligibility requirements.



## Find out if you're eligible for CalFresh

You can be eligible even if you:



**Receive other benefits:** You may still be eligible while receiving income from Social Security, VA benefits, Unemployment, Disability, or GI Bill as long as you meet all other eligibility criteria and your income does not exceed the CalFresh limits. Your local CalFresh expert can guide you with reporting military income.



**Have personal assets:** You may be eligible even if you earn income from a job or own a home or car as long as all other eligibility criteria are met and the amount of money you receive does not exceed the CalFresh income limits.



**Are unmarried and/or do not have kids:** CalFresh is for everyone meeting the eligibility guidelines—regardless of marital or family status.





## Put more fresh food on the table

What to expect when applying



### STEP 1: Complete the application



**In Person:**

**at a CalFresh office**

<https://calfresh.dss.ca.gov/food/officelocator/>



**Online:**

**CalFreshFood.org**

(Link to apply can be found here)



**By Phone:**

**1-877-847-3663**

### STEP 2: Collect documents



**Collect documents**

*There are only three required elements when submitting an application: name, address, and signature. However, applicants will be required to verify certain information throughout the interview process.*

Documents you may be asked to submit:

- **Photo ID:** state ID, driver's license
- **Proof of income:** pay stubs or a statement from your employer, benefits award letters, school grants, loans, financial aid statements
- **Immigration status (for noncitizens):** lawful permanent resident (LPR) or an I-94



## What to expect when applying

### STEP 3: Prepare for interview



#### Wait for interview

Look out for a phone call from a CalFresh worker to confirm the details of your application. The call may come from an unfamiliar number, or it may be marked as potential spam.

### STEP 4: Wait for benefits



#### Benefits arrive within 30 days

The state must process applications within 30 days. If there aren't any issues or questions with your application, you can expect to have your EBT card already loaded with CalFresh benefits within the month.

## APPLICATION TIPS



**Household:** Your "household" is the number of people you buy and share food with. **Example:** If you live with two roommates, but you buy food and cook for only yourself, your household size is one. If you split the cost of groceries and share meals together, your household size is three.



**Military Income:** Some types of military income will need to be reported in the application and some will not. Your local CalFresh expert can help guide you.



**VA Disability:** Veterans should proceed with completing their CalFresh application even if their VA disability rating/compensation amount is still pending.



## Get more out of your grocery\* trip

There are many ways to apply for CalFresh benefits



**Online:**

**CalFreshFood.org**



**By Phone:**

**1-877-847-3663**



**In Person:**

**at a CalFresh office**

<https://calfresh.dss.ca.gov/food/officelocator/>

\*Excludes hot or prepared foods and non-food paper products.



**Learn more about CalFresh at  
CalFreshFood.org**

